## On Your Hands

Rarest of all currencies

"Time on your hands".

But where to spend

the precious commodity.

In anxiety of the next news flash.

Or

A spring clean like never before.

Better

Working on a hobby or instrument.

Best

Time with our Lord, recentring,

hearing the small whisper lost in the crowd.



M. Green, April '20

Note: part of the lent series, the image is from the web. Stop, breathe, enjoy the stillness, be calm and wait for his voice. Let it sit with you, you will recognise his timbre.