Poured Out

The wine offering

pours cascading

onto the altar.

Exuberance and joy abound

our Lord is worthy

of our praise and love.

As our lives pour out

onto the altars of life

expending our time and energy.

Is it our Lord of life

who we pour out

our energy and life for.

Demonstrating our

overflowing love of him,

love of ourselves and others.



M. Green, March '20

Note: part of the lent series, the image is from the web. We are continually renewed, and continually spent, a jar of clay in our masters hands, into whose lives will we flow today.